

What's included with my prescription?



Alcohol swabs



iOAT medication



Tourniquet



Band-aids



Needle tips



Sharps container



Naloxone kit



Lockbox

Resources in Vancouver

Insite

139 East Hastings
9AM - 2AM, Every day

- ✓ Overdose Prevention Site
- ✓ Drug testing

Sister Space

Jackson and Powell
24/7 Every Day
Women Only

- ✓ Overdose Prevention Site
- ✓ Women Only

Carnegie Community Centre

401 Main St
9am - 11pm Every Day

- ✓ Cafeteria
- ✓ Washrooms
- ✓ Mail Pick-up

Get Your Drugs Tested

880 East Hastings St
12pm - 8pm Every Day

- ✓ Drug Testing

Culture Save Lives

1 East Hastings St.
10am - 3pm, M - F

- ✓ Indigenous Health Services

Take-Home Injectable Opioid Agonist Treatment

Information for Clients

Providence Crosstown Clinic

84 West Hastings Street (at Abbott)
Vancouver, BC
(604) 689-8803

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Copies can be accessed at
ioat-research.med.ubc.ca

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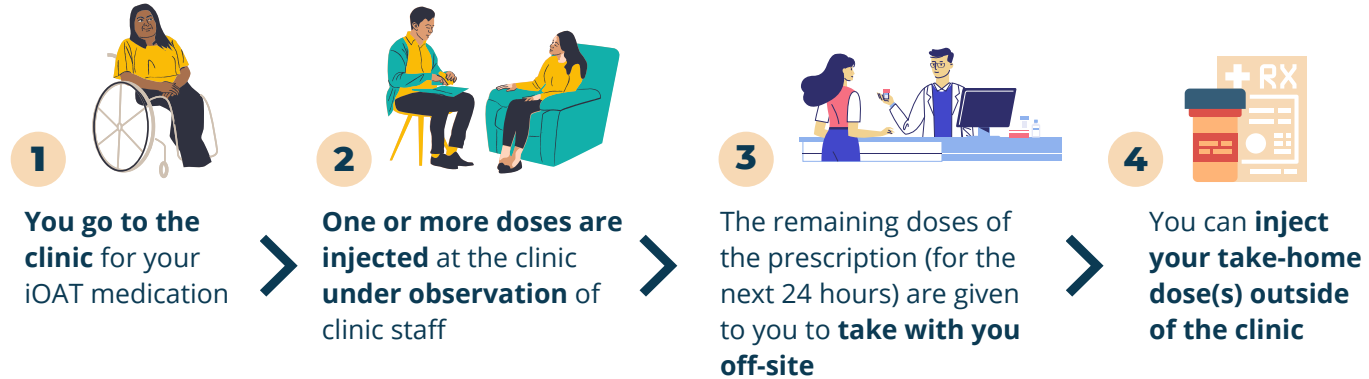
Providence Health Care
How you want to be treated.

THE UNIVERSITY OF BRITISH COLUMBIA
School of Population and Public Health
Faculty of Medicine

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What is take-home iOAT?

Take-home iOAT is a prescription of injectable opioid agonist treatment (iOAT) medication that can be injected outside of the clinic without the direct observation of a clinic staff member.



How can I safely inject my take-home medication off-site?

- **Have someone you trust** close by who is trained in overdose response
- **Inject at an overdose prevention site** or supervised consumption site
- If you have a cell-phone and live in BC, **use the LifeGuard app** which will help notify paramedics if an overdose happens. This app can be downloaded at <https://lifeguarddh.com/>
- **Clean hands** with soap and an alcohol swab
- **Rotate the sites** where you inject
- It is strongly recommended that you **talk to your prescriber before using alcohol**
- Talk to your prescriber about safely timing your dose if you are **taking any other prescription medications**

How can I store and transport my medication?



Use a lockbox if needed to store your medication at room temperature. The clinic will provide you with a lockbox.

Dispose used syringes in a sharps container. You can exchange a full container for a new one at the clinic.



Only share your treatment plan with people that you trust to prevent theft.

Remove any personal information that may be on your prescription bottle before you throw it away.



When can I follow up with my prescriber?

When you begin your treatment you will meet with your prescriber for weekly appointments, followed by monthly appointments.

Consider discussing these things with your prescriber or with other staff at the clinic:

- If there are **changes to your health** status
- If you **experience challenges with injecting** (eg. collapsed vein, abscess)
- If there are **changes to your personal or social circumstances** (eg. housing changes)
- If your doses have been **lost or stolen**